

Learn to Improve Leadership Skills, Optimize Employee Health & Well-Being and Build an Extraordinary Workplace Culture!

The *GoodLife Fitness Health & Wellness Leadership Summit* returns to Calgary, Alberta on Tuesday October 22, 2019 from 9AM to 4PM. Purchase tickets today and benefit from our group rate specials!

Guest speakers and topics include:

- Tammy Brazier; Senior Director, Corporate & Business Development, GoodLife Fitness
 Topic: Authentic Leadership
 Building a culture of inclusiveness and engagement that inspires collaboration, creativity and innovation
- Dr. Rajiv Kumar; Chief Medical Officer and President, Virgin Pulse Institute
 Topic: Is Your Workplace Adapting to the Future of Digital Health?
 How Artificial Intelligence & Big Data are improving accessibility and delivering meaningful health results
- Danny Weill; Vice President, Partnerships LifeSpeak (Panel Discussion)
 Topic: The Role of Technology in Workplace Wellness Programs
 Reaching today's remote and mobile workforce with employee centric solutions
- Keith Macpherson; Mindfulness Expert, Author and Musician
 Topic: Making Sense of Mindfulness
 The power of mindfulness to improve focus, build resiliency and foster mental well-being

Registration Options: (Ask about reserved table discounts.)

Option One: VIP Ticket (includes VIP conference seating and VIP luncheon): Register now for \$595 a ticket.

Option Two: General Ticket (includes full day conference and refreshments): Register now for \$389 a ticket.

Option Three: (Most Popular): Purchase 3 tickets for the price of 2! (Limited time offer)

How to Register: Click here to register online or call Toll-Free 1 833 277-4306 Ext. 230.

All sales are final. Speakers, topics and date may be subject to change. Please add 5% GST per transaction.